

EUROPEAN MEDICAL CENTER

+7 (495) 933 66 55, WWW.EMCMOS.RU

DEAR PATIENT

In order to improve your safety and comfort level, we kindly ask you to follow a few simple rules of Inpatient Department stay:

- Keep wards and common areas clean. Remember that it is forbidden to smoke and drink alcohol on the territory; it reduces the effectiveness of your treatment. Pets are not allowed in the clinic. It is prohibited to use an open fire.
- Be respectful to other patients and hospital staff. If possible, switch your phones to silent mode. Preferable visiting hours are from 9:00 to 21:00.
 Simultaneous presence in the chamber of a large number of visitors is undesirable. Children under 12 must be accompanied by an adult.
- Follow the doctor's recommendations; do not take medications at your own discretion. If you have any questions about treatment, or if you feel unwell, tell your nurse or doctor without delay.
- Before eating any food and drinking beverages you bring with you, be sure to consult with your doctor first. Remember that diet food provided by the hospital has a beneficial effect on the body and prevents the exacerbation of various diseases.
- At the entrance to the hospital take off your outdoor clothing and, if possible, wear shoe covers.
- Please leave your towels and clothes which are provided for the duration of your hospital treatment in the ward after your discharge. If you want to take something with you, you can buy it by informing the nurse at the post.



EMC CHILDREN'S CLINIC

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DEAR PARENTS

In order to improve your safety, safety of your children and comfort level, we kindly ask you to follow a few simple rules of Inpatient Department stay:

- Keep wards and common areas clean and quiet. Do not forget about hand hygiene, including visits of your guests. Remember that it is forbidden to smoke and drink alcohol on the territory; it reduces the effectiveness of your treatment and harms your health. Pets are not allowed in the clinic. It is prohibited to use an open fire.
- Be respectful to other patients and hospital staff. If possible, switch your phones to silent mode.
- Do not move furniture or turn off the night light without the consent of the medical staff. Preferable visiting hours are from 9:00 to 21:00. Simultaneous presence in the chamber of a large number of visitors is undesirable.
- Do not leave children unattended. At your request, baby sitting service can be arranged. Call a nurse if you need to leave for a while.
- Follow the doctor's recommendations; do not give your children medications at your own discretion. If you have any questions about treatment, or if your children feel unwell, tell your nurse or doctor without delay.
- Before eating any food and drinking beverages you bring with you, be sure to consult with your doctor first. Remember that diet food provided by the hospital is prescribed taking into account age and disease.
- Please leave your towels and clothes which are provided for the duration
 of your hospital treatment in the ward after your discharge. If you want to
 take something with you, you can buy it by informing the nurse at the post.